

Spearmint Essential Oil

Melanic Organic | Full Product Listing

Product Type	100% Pure Essential Oil
Botanical Name	Mentha spicata
Extraction Method	Steam Distilled
Best Used For	Aromatherapy, diffusing, topical dilution, DIY blends
Free From	Synthetic fragrance, fillers, additives

Product Overview

Brighten your space and refresh your senses with Melanic Organic Spearmint Essential Oil. Steam-distilled from the leaves of *Mentha spicata*, this pure, single-note oil carries a sweet, cooling minty aroma that's gentler and less sharp than peppermint. A versatile addition to any aromatherapy collection, Spearmint Essential Oil is well-suited for diffusing, topical dilution, and DIY personal care blends.

Every bottle is crafted from pure, unadulterated plant extract with no synthetic fragrance, fillers, or carrier additives — just concentrated spearmint oil in its most natural form, bottled in a dark glass container to help preserve potency and freshness.

Key Benefits

- Offers a bright, refreshing, and uplifting aroma when diffused
- May help promote a sense of mental clarity and alertness
- Popular for supporting a calm, focused atmosphere during work or study
- Gentler, sweeter profile than peppermint — well suited for sensitive users
- Versatile for DIY blends: lotions, balms, room sprays, and hair care
- Steam-distilled and unadulterated for a pure, potent aroma
- Dark glass bottle helps protect the oil's potency from light exposure

Who Should Use This

- Aromatherapy enthusiasts looking to add a bright, minty note to their diffuser rotation
- Anyone wanting a gentler alternative to peppermint oil for topical or aromatic use
- DIY skincare and personal care crafters making balms, sprays, or hair treatments
- Those looking to freshen a room, car, or workspace naturally
- Individuals seeking a calming, focus-supporting scent during work or study sessions

When & How to Use

Diffusing: Add 3-5 drops to an essential oil diffuser with water and run during work, study, or relaxation time.

Topical use: Always dilute with a carrier oil (such as jojoba or coconut oil) before applying to skin — never apply undiluted.

DIY blends: Add a few drops to unscented lotions, balms, or homemade room sprays for a natural minty scent.

Inhalation: Add a drop to a tissue or personal inhaler for an on-the-go refresh.

Key Ingredients

100% Pure Spearmint Oil (*Mentha spicata*): Steam-distilled from spearmint leaves, valued for its sweet, cooling, minty aroma and versatility in aromatherapy and personal care applications.

Why Choose Melanic Organic

Purity You Can Trust — 100% pure, steam-distilled spearmint oil with no synthetic fragrance or fillers.

Single-Origin Sourcing — We work with growers who cultivate spearmint using sustainable, traditional farming practices.

Rooted in Nature, Backed by Care — We combine time-honored aromatherapy traditions with modern quality standards at every step.

Rigorously Tested — Our oils undergo quality testing to help verify purity and potency.

Protective Packaging — Bottled in dark glass to help shield the oil from light and preserve its natural potency.

Made for Real, Everyday Wellness — Melanic Organic is built around simple, honest formulas designed to support your natural rhythm — not gimmicks or trends.

Disclaimer: For external and aromatic use only. Always dilute before applying to skin. Keep out of reach of children and pets. Avoid contact with eyes and mucous membranes. Consult a healthcare professional before use if pregnant, nursing, or managing a medical condition.